



**STRENGTH, AGILITY AND CONDITIONING PROGRAM
S.A.C.**

Dates: July 5-July 29 (Monday – Thursday)

Time: 7:00 a.m-9:00 a.m.

Where: Cypress Lakes High School
5750 Greenhouse Rd. Katy, Tx 77449

Who: Any 8-12 grade student for the 2010-2011 school year

Cost: \$50.00 (Checks or Money Orders Only)

*Amount must be paid in full by June 2, 2010

*Current physical must be on file with school.

Questions please contact:

Coach Blackshear (281-856-1285)

Student's Name: _____

Shirt Size S___ M___ L___ XL___ 2XL___ 3XL___

Address: _____ City: _____ Zip: _____

Phone: _____

Parents' Names: _____ Payment: Cash Money Order

Only the Hard and Strong
May Call Themselves Spartans